

CROCE ROSSA ITALIANA - COMITATO LOCALE DI CINGOLI

Topic: Activities in the local Committee of the Red Cross

Number of volunteers hosted at the same time: 6

Type of project: Long-term (6 months)

Place: Cingoli, Italy



Support to patients transportation



Social activities



Assistance and support in sports and events



What type of activities are you going to find here?

Here you are going to find a lot of different types of activities divided in three main fields:

1. **Support to patients transportation:** This is the main thing that you're going to do here. Here we primarily support the Red Cross Staff members to transport people in need of an ambulance or other type of means of transport, depending on the necessities of the person, offering our presence, help and talking to them. We can transport people on a stretcher (barella) or in a wheelchair (sedia). And these types of services can be between hospitals or between a house and a hospital, for example, always looking and taking care of the patient's needs. Also we offer our support to them during the travel and during the medical appointments. Everything you need to know about these tasks will be explained in a very detailed way through a training course you'll attend after your arrival.
2. **Social activities:** The Cingoli's Red Cross Committee also has a group of youths that organize and carry out social activities related to the health and the wellbeing of the society and individuals. During the year there are a lot of activities that are being organized by this group where you are going to take part to support and help them. You can even propose new projects or activities to carry out, they're always glad of hearing new ideas and projects. Some of this projects are, for example:
 - a. Informative and awareness campaigns.
 - b. Benefit raffles.
 - c. Activities for kids.
 - d. Activities to educate and teach the population.
3. **Assistance and support in sports and events:** During your project you can go as a supporter to the Red Cross staff to the different kinds of sports and events that happen in Cingoli and the surroundings. Such as motocross races, cyclist races, handball matches, local sports competitions, ...



Where is Cingoli?

But, What about Cingoli? Where is it? What are you going to find here?

Cingoli is a little town (≈ 10.000 inhabitants) ubicated in the region of “Le Marche” in the province of Macerata. It’s a medieval town that received the award of “Uno dei Borghi Più Belli d'Italia” translated as -one of the most beautiful towns in Italy- It’s an award that only receives some towns in Italy that meet certain conditions. Cingoli is known too as “Balcone delle Marche” or -Marche’s Balcony- because of its position inside the region at 630 meters where you can see in the distance an amazing view of the region. If you’re lucky you can even see the coast of Croatia at the other side of the Adriatic sea.

It’s true that its position makes it a little bit difficult to move along the region, there are a few buses and there’s not a train station. But every Thursday, if possible, you’re going to do a little trip to different places in the region to visit them, always organized by the Committee.

Apart from the little town life, you’re going to find other kinds of activities to do in the surroundings, like hiking places and nature activities. Near the town there’s a lake that is really worth visiting.



Where are you going to live?

The Cingoli's Red Cross Committee offers to every volunteer a full three floors house with a garden during the project, where you're going to live with other ESC volunteers and volunteers from other kinds of social projects. In the house, cleanliness and respect for others are one of the most important things to take into account. Always with flexibility, understanding and communication between all of us to make this experience and the cohabitation better to everyone.

What kind of profile do they expect from you?

They're going to expect high personal motivations to this project such as the interest in the project itself and on learning new things. Everything that you need to learn you will be guided by other volunteers (first aid, ambulance equipment,...)

About english and italian level none of them is really required to start on this project, but knowing a bit of this can be really helpful for you. Over time, you're going to learn Italian and be able to speak it because most of the people that you're going to be in touch here don't speak a foreign language. But don't worry, once a week you're going to receive an Italian lesson to learn and improve your italian.

You also need a lot of interest in working with people because that's the main thing that you're going to do here, be in touch and speak with people.

Attitude

You will spend most of the time with different people (target groups, professionals, local volunteers, etc...) who are anxious to know you, to show you who they are and what they can do, to teach you at different levels, to give you warmth and their confidence. **The impact that you can bring as a volunteer is greater than you can expect. You need to receive but also to give back.** Participation, initiative, sense of responsibility and flexibility are important and welcome. From both parts (Coordinating and Hosting organizations), we hope to make you feel comfortable, empowered and proactive. All the persons involved in the project are always trying their best to reach your expectations, if you show the willingness to do so.

THE SELECTION PROCESS

1. Send your CV and a cover letter related to the project to candidates@vicolocorto.org
2. Then you will be contacted by the Red Cross for an online video-interview. There is no need of speaking good English, in case you can ask your sending organization to help you. Don't worry, it will not be a job interview or an English test but it will be an opportunity to know your personal motivation and expectation and to discuss about the project, the city and the opportunities.

SO...COME TO JOIN OUR BIG FAMILY! WE ARE WAITING FOR YOU!

