



## Sustainable development “Act Green!”23

**Project:** Team volunteering project n.2

**Hosting & coordinating org.:** FILOXENIA, Intercultural-Environmental Organisation, Greece

**Project dates:** 7.6.- 26.6.2023 (20 days with travel)

- **Location:** Kryoneri Korinthias, Greece (Semi mountainous village/ Rural area/ 970 inhabitants)

**Location:** Kryoneri Korinthias, Greece (Semi mountainous village, 15 minutes to the sea / Rural area/ 970 inhabitants)

**Participants:** total 15 persons (2-3 persons/country, basic level of English desirable), people interested on the topic with sense of team work, sensible with nature and environment, very important will be the gender balance.

**Age of participants:** 18-30

**Accommodation:**

Youth Hostel “Elisson” (2-4 bed rooms) <http://xenon.elisson.gr>

**Food:**

“Filoxenia” is promoting a healthy life style and supports „Green way of living“/EKO friendly = EKOFILI, by promoting the local gastronomy (“Zero km kitchen”) and using compost for organic waste.

During the week: breakfast, lunch & dinner will be organised by Filoxenia.

Participants will have the opportunity to taste different Greek traditional dishes and get an extra intercultural experience, in line with the Greek Agrotourism Federation, which promotes organic food and local products.

During weekends: participants will usually have free time, if there will be no activities by the hosting organisation. In that case they will receive an appropriate amount of money for self-catering.

**Pocket money:** 100 EUR

**Working hours:** Volunteers will work 30 hours per week. For some activities, volunteers may need to work during weekends. In those cases they will take off-days during the following weeks. They will get 2 days for holiday during the month.

**Local transportation for work purposes:** will be organised by Filoxenia.

**Mentor & supervisor/ Insurance:**

Volunteers will be supervised and accompanied through the whole project and will attend introduction sessions to ensure, they can carry out their tasks safely and satisfactorily. Insurance will be organised according to the ESC Programme Guide.

**On-arrival training:** during the first 3 days there will be an on-arrival training organised by the hosting organisation Filoxenia in Kryoneri.

The main aim will be, concrete information about ESC and the detailed programme of this group-ESC project and the intercultural adaptation of the participants. A cultural programme will be integrated in the project.

**Intercultural training:** Greek traditional gastronomy (cooking in traditional oven), discovery of the local area (visit/trip)

One intercultural event for the local community will be organised by volunteers.

**Greek lessons:** during the on-arrival TC there will be an introduction/course to the Greek language.

**Project's description:**

The village Kryoneri is situated in the centre of the Corinthian province, at the same distance between sea and mountains. It is built like an amphitheater, at 740 meters of altitude and has a panoramic view above the Corinthian Gulf. Mount Vesiza (1.200 m.) overlooks the village and constitutes the natural border with the plain of the Stymfalía lake. From this mountain, the river Elisson spreads and crosses Kryoneri and the evergreen plain, before flowing in the Corinthian Gulf, towards Kiato.

During this Team ESC, young people will help out on the following sectors:

- gardening and supporting Hostel Elisson practical jobs
- cleaning environmental footpaths around Kryoneri;
- developing flora & fauna panels in environmental footpath;
- building wooden equipment for the footpath (banks, etc.);
- reusing recycling material for wooden constructions;

The project's programme will also include exciting activities such as:

- get to know our gastronomy and farming culture
- Organic food
- learning of Greek dances
- mountain biking, hiking and open air activities to relax and to get to know each other.

**Necessary personal equipment:** working clothes (long & short trousers), shoes and sun hut for outdoor work, sun protection cream, your personal medicaments in case you need some. Working tools and gloves will be offered by the hosting organisation.

Please bring adequate material from your country to present your culture, history, gastronomy, music, etc. during the "Intercultural event" for the local community.

**Video links:**

<https://www.youtube.com/watch?v=Y4U8ZlupDvU>

<https://www.youtube.com/watch?v=LMEwb5DIBMs>

<https://www.youtube.com/watch?v=OHovaTUpU84>

<https://www.youtube.com/watch?v=b0peEkbHT4>

<https://www.youtube.com/watch?v=EwDHe0ZrTJM>



*Photos from two Group EVS projects "Green Living in the rural area" 2016*